

## Airmen helping Airmen

### 445th Airmen assist with tornado disaster clean-up efforts



Staff Sgt. Ethan Spickler



Senior Airman Amelia Burnett

(left) Tech. Sgt. Jonathan Porter, 445th Logistics Readiness Squadron, clears away debris while helping with disaster relief efforts, June 1, 2019. (right) Tech. Sgt. Jason Thomas, 445th Aerospace Medicine Squadron, helps with clean-up efforts, June 2, 2019 at the Dayton, Ohio home of a 445th Airman that was heavily damaged after several tornadoes hit the Miami Valley Ohio area May 27, 2019.

*By Staff Sgt. Ethan Spickler*  
445th Airlift Wing Public Affairs

Severe storms and accompanying tornadoes inflicted significant damage across the Miami Valley May 27, 2019. Fifteen confirmed tornadoes, reaching wind speeds of up to 170 mph, touched down throughout the Dayton area.

Nearly a dozen Airmen from the 445th Airlift Wing living at Wright-Patterson Air Force Base and surrounding communities experienced damage to their properties.

"My home was one of the homes affected," said Master Sgt. Christopher Knight, a flight line expeditor with the 445th Aircraft Maintenance Squadron. "It was hard to wrap my mind around everything that had happened, but I couldn't have asked for any more help than my squadron provided. Day-by-day, we have

been picking up the pieces and reaching out to our community to see where we can provide similar support."

The response from 445th Airmen who engaged in disaster relief activities and provided assistance to those affected by the storms was overwhelming. Several squadrons within the wing readily volunteered to assist their fellow Airmen. Many Airmen volunteered their personal time outside of their military commitment to bring help and hope to their neighbors throughout the community who still desperately need support.

"There's so much to do, but at the same time it

## FM Tip of the month – Aged travel orders funding

Effective immediately, the Secretary of the Air Force and the Air Force Accounting and Finance Office have published a new policy for the de-obligation of Non-Centrally Billed Account (CBA) Aged Travel Orders.

The financial management (FM) office is authorized to de-obligate orders that are less than \$500 using an automated system if they meet the following criteria: greater than 120 days after the TDY end date, and the order has no details (advances, accruals, debts, or claims) linked.

For orders of \$500 or more, FM may manually de-obligate if the most current appropriations funding on

the order has been expired for at least two years and the travel order has no details linked.

Civilian permanent duty travel orders will be de-obligated if there are no open entitlements, as verified by the Civilian Personnel Office, and the Relocation Income Tax Allowance has been paid.

For aged orders in the Defense Travel System, the order must have been abandoned and locked by the Travel Assistance Center in order to be de-obligated.

If you have any questions regarding the policy update, please visit the financial management office in building 4012 or call 937-713-1607.



## Understanding clinical provider options to address needs

By Jennifer Marquez

445th Airlift Wing Director of Psychological Health

Relationship stress, excessive drinking, work stress and burnout, financial issues, pre/post-deployment issues....all of us are impacted by a stressor at some point.

In the mental health clinical world these “stressors” are called psychosocial stressors. Why? Be-

cause these stressors often impact the way in which we connect with others through behavior and how our thoughts can be affected.

When you identify that there is a stressor present and through various coping strategies the stressor is still there what do you do? Who do you call? Where do you begin?

There are so many resources that will connect an individual with a provider but once you obtain a list or referral what do you know about the person providing your care? When choosing a provider it may be helpful to gain some insight on the provider’s credentials to determine the level of treatment available to you.

Here is a short list of the types of mental health providers you may be referred to and their credentials:

- Psychiatrist – may be an MD (doctor of medicine) or DO (doctor of osteopathy) with a specialty in psychiatric care. Psychiatrists diagnose mental health conditions, prescribe and monitor medications and provide specialty psychiatric evaluations.

- Psychologist – holds a doctoral degree: either doctor of philosophy

or psychology (Ph.D. or Psy.D.). Psychologists assess and diagnose mental health conditions, provide therapy, administer and interpret psychological testing and provide psychological evaluations. \*Some may prescribe psychotropic meds.

- Clinical Social Workers – hold a master’s degree in social work. Clinical social workers work in a variety of mental health, primary care and school settings. Clinical social workers can diagnose mental health disorders, provide individual and group counseling, case management and advocacy services.

- Psychiatric Nurse Practitioners – hold a master’s degree in nursing. Psych nurses provide crisis interventions, patient counseling and prescribe medications.

Other providers that address mental health needs in a non-clinical setting are chaplains, DPHs and MFLCs; the latter two hold the credentials for providing counseling that is short term and solution focused.

Contact your wing Director of Psychological Health at 937-257-6267 if you have any questions or concerns.

### Buckeye Flyer

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*TORNADO, from page 1*

feels like there's nothing I can do," said 2nd Lt. Anthony J. Busellato, 445th Logistics Readiness Squadron. "We brought water and helped clean up, but I wish we could do much more."

There was a recurring theme amongst all those who were in one way or another involved in the aftermath of the storms. The focus extended beyond the individuals themselves and centered on the community coming together to aid their fellow Airmen.

The teamwork required to enhance mission effectiveness was displayed by all involved. It showed that the dedication and self-sacrifice required to support the wing remains with Airmen when they leave base.

"We had to determine very quickly where we needed to help," said Lt. Col. Suzanne Dean, 445th AMXS commander. "We had eight individuals affected from our squadron alone. After we assessed the situation, we determined that we needed to help, and the quicker we were able to help, the quicker we could restore nor-

malcy. It is still a continuing process, but we will not stop doing everything that we can for our Air Force family."

Similar to the ongoing needs of the Air Force, the commitment Airmen make to themselves and to others demands self-sacrifice. The process isn't always quick, but it is necessary.

"Just observing the widespread devastation around the area on day one made us feel like we were needed," said Senior Master Sgt. Amanda A. Crooker, 445th AMXS production. "It has been a slow process for everyone that was affected. The recovery is coming along, but there is still a long way to go."

The willingness of 445th Airmen to respond to the local disaster and to continue their support over time showed that the universal commitment to service extends beyond the wing mission and allows members to utilize their skills when they are needed at home just as efficiently as when they are needed abroad.



Airman Erin Zimpler



Senior Airman Amelia Burnett



Courtesy photo

(top left) Senior Master Sgt. Nicholas Nickert, 445th Aircraft Maintenance Squadron specialist section chief, removes fallen trees, May 30, 2019.

(left) Staff Sgt. Ben Anspaugh, 445th Aircraft Maintenance Squadron (left) and Tech. Sgt. Joshua Slusser, 445th Maintenance Squadron aerospace ground equipment craftsman, clear trees at the home of a 445th Airman, May 30, 2019.

(top right) Tech. Sgt. Aubrey Booher and Staff Sgt. Adrienne Zizza, both from the 445th Aerospace Medicine Squadron, remove trees from the home of a 445th Airman, June 2, 2019.





# 445th CES: Illuminating, electrifying Air Force mission

By 1st Lt. Rachel N. Ingram  
445th Airlift Wing Public Affairs

Civil engineers distribute electricity to everything across Wright-Patterson Air Force Base that requires it, including houses, water processing facilities, and recreational facilities on base like the fitness center



Senior Airman Angela Shay

Senior Airman Michael A. Price, 445th Civil Engineer Squadron electrical systems journeyman, troubleshoots an LED street light, June 2, 2019 at Wright-Patterson Air Force Base. The 445th CES electrical shop routinely performs inspections and maintenance on base facilities as a way to support the 88th Air Base Wing while also gaining hands-on training opportunities.

and movie theater.

“People don’t always think about the role that electricity plays in life as they know it,” said Tech. Sgt. Nathanael Downer, 445th Civil Engineer Squadron electrical systems non-commissioned officer in charge. “From the top to the bottom, we depend on electricity. Without it, we don’t have clean water, hot meals, computers, air conditioning, phones, or traffic lights.”

The 88th CES and 445th CES work in tandem to keep the base electrified.

“Partnering with the 88th Civil Engineer Squadron helps us take our skills beyond just classroom training and it also saves the Air Force money,” Downer explained. “When we go in and perform repairs, it prevents the base from having to contract some of those work orders to outside agencies, who then bill for the labor performed.”

Currently, the 445th CES electrical systems shop is updating the electrical towers at approximately 50 sites in the base FamCamp. This work is occurring exclusively during unit training assembly weekends, and since its inception in April, the project is about halfway completed.

“It lightens the load on the folks in the 88th CES, and it also gives us the real-world experience we need,” said Senior Airman Steven Burson, electrical systems journeyman.

Training is critical in this technical career field.

“It’s not simply plugging in an extension cord. You have to be able to analyze the power requirement that exists and satisfy it,” Downer said. “If the electrical system isn’t properly grounded, the consequences can be deadly.”

Electrical technicians from the 445th have also completed other projects on Wright-Patterson AFB which benefited the entire base community.

“We installed cooking appliances in the dining facility, and we’re also responsible for the maintenance of airfield lighting and counter-terrorism measures at the gate,” said Senior Airman Eric Nelson, 445th CES electrical systems journeyman.

In a deployed environment, the work of electrical systems technicians enhances mission capabilities.

“When I was overseas, we installed perimeter lighting in the aerial port facilities so their night shift could do their job if flights had to depart when the sun wasn’t shining,” Burson said. “The lights enabled those airmen to increase their productivity and get mission-essential equipment into the air faster.”

And if the lights do go out, whether here or overseas, you can bet the electrical shop will step up.

“If we don’t do our job,” said Senior Master Sgt. Charles Crawford, 445th CES electrical systems superintendent, “nobody else can do theirs.”



# 445th LRS Airmen perform annual tour at Travis

By Master Sgt. Patrick O'Reilly  
445th Airlift Wing Public Affairs

The 60th Logistics Readiness Squadron, located at Travis Air Force Base, California, was the destination for 22 Reserve Citizen Airmen from the 445th Logistics Readiness Squadron May 7- 23, 2019 for annual tour training.

The 445th LRS Airmen integrated with the 60th LRS members who shared their vocational abilities and began to work together jointly in order to achieve their mission objectives.

"We have fuels troops who are integrating with fuels flight, supply troops augmenting Travis personnel who are participating in an exercise, and vehicle operations and vehicle maintenance Airmen integrating with their counterparts here at Travis," said Capt. William Harris, 445th LRS supply vehicle operations flight commander.

The squadron's vehicle operations and vehicle maintenance personnel took on tasks that are not available back at home station.

"The 445th does not have vehicles to maintain so the annual tour gives a chance for vehicle maintenance Airmen to turn wrenches and see things that we do not normally see or only see if we deploy," said Harris. "Coming here to a base that has vehicles ranging from simple sedans to fire trucks gives us opportunity



Senior Airman Angela Shay

**Staff Sgt. Zachary Simon, material management craftsman with the 445th Logistics Readiness Squadron, takes inventory during a recent exercise at Travis Air Force Base, California.**

to do a plethora of different training events that would take us several deployment cycles to get through."

Vehicle maintenance and operations were not the only training opportunities afforded to the LRS Airmen who traveled to Travis. The members were also able to help supply with other equipment needs for the Airmen in training.

"We are also helping with individual protective equipment because more than 300 personnel will be turning in their issued chemical warfare equipment which was used for an exercise," said Senior Airman Ruth Reed, 445th LRS material management.

The week prior to the 445th LRS arrival at Travis AFB, the base had begun to host an exercise and issued equipment to the participating Airmen. The 445th implemented work training and integrated with the 60th LRS in receiving accountability for the return of the issued gear.

"We get accountability and ensure the 60th has everything to restock for future uses," said Reed. "Helmets, web belts, canteens, armor plates get separated and restocked. When they come to get issued equipment, we treat it as real world."



Senior Airman Angela Shay

**Senior Airman Casey Schlotman, material management journeyman with the 445th Logistics Readiness Squadron, assists a captain from the 60th Logistics Readiness Squadron with recovering and processing mobility gear at Travis Air Force Base, California.**

See LRS Training, page 7





## SPOTLIGHT



1st Lt. Rachel Ingram

**Rank/Name:** Master Sgt. Douglas Schaumleffel

**Unit:** 445th Logistics Readiness Squadron

**Duty Title:** Ground Transportation NCO In Charge

**Hometown:** Zanesville, Ohio

**Civilian Job:** Air Reserve Technician

**Education:** Community College the Air Force degree in transportation management. Currently a student at Ohio University, pursuing bachelor's degree in geographic information systems.

**Hobbies:** Baseball, attending sporting events with family, running, outdoor activities

**Career Goal:** Promotion to E-8/E-9 and continuing my education and training

**What do you like about working at the 445th?:** The people and the location—being able to work close to home and being part of a great organization.

**Why did you join the Air Force?:** Coming from active-duty Coast Guard, I wanted to attend college, maintain my military career and serve my country.

## 445th CES, FSS welcome new commanders



Staff Sgt. Joel McCullough



Senior Airman Angella Shay

(left) Col. Bryan Runion, 445th Mission Support Group commander, passes the guidon to Lt. Col. Darby Bess, incoming 445th Force Support Squadron commander, during an assumption of command ceremony June 1, 2019. (right) Col. Bryan Runion, 445th Mission Support Group commander, passes the guidon to Lt. Col. Jason Bords, the incoming 445th Civil Engineer Squadron commander, during a change of command ceremony June 1, 2019.



# News Briefs

## Retirements

### June

Lt Col Edward Taillon, 89 AS  
TSgt Lisa Purk, ASTS

### July

Lt Col Ali Miremami, AMDS  
SMSgt Donald Griffin, 87 APS  
SMSgt Joshua Michael, LRS  
MSgt James Brown, AMXS  
MSgt Kenneth Finch, CES  
MSgt Lisa Rider, AMDS  
MSgt Michael Summers, ASTS  
TSgt Steven Queen, MXS

## Newcomers

Maj Abhishek Kumbli, ASTS  
TSgt Douglas Palmer, CES  
SSgt Karen Ricketts 87 APS  
SrA David Cano, MXS  
SrA Justin Hoffman, AES  
SrA Terry Ocasio, AMXS  
A1C Steven Elgowsky, CES  
A1C Sicily Leiter, 87 APS

AB Andrew Blanton, CES  
AB Jennifer Brann, AES  
AB Amaya Hagler, AES  
AB Jacob Keegan, MXG

## Awards

### Meritorious Service

Lt Col Wedoctober Send-aydiego, 89 AS  
MSgt Michael Dill, FSS  
MSgt Kenneth Finch, CES  
MSgt Jennifer Hess, CES

## Promotions

### Master Sergeant

Brooke Howells, AW  
Christopher Lipps, AES  
Sean Sullivan, CES  
Justin Williams, SFS

### Technical Sergeant

Joseph Divish, 87 APS  
Courtney Kalb, ASTS  
Lawrence Mark, AES  
Oyekola Mustapha, 87 APS

### Staff Sergeant

Daniel Harner, MXS  
Ethan Spickler, AW  
Andrew Wolf, MXS  
Hai Lin Zhu, MXS

## Senior Airman

Shirneal Burnside, AES  
Dylan Evoniuk, AES  
Wally Jniyah, OSS  
Connor McCann, LRS  
Jacob Price, MXS  
Garet Pride, ASTS

Nathan Pritchard, OSS  
Jeanette Salgado, ASTS

## Airman First Class

Eric Lovingshimer, AES  
Zane Smith, ASTS



## A&FR Office

The Airman and Family Readiness Program's mission is to provide targeted Airmen and Family support and services by contributing to mission readiness, and the well-being of the Air Force community. The A&FR office supports and maintains mission readiness by assisting individuals and families with adaptation to the challenges and demands of expeditionary operations and the military lifestyle.

The A&FR office also assists in empowering commanders in their

duty to promote the Airman and Family Readiness Program so that Airmen and families are entitled, informed, educated, assisted, and prepared for the unique demands of military life before, during, and after deployment.

The A&FR office provides assistance with the following:

- Relocation Assistance
- Employment Assistance
- Exceptional Family Member Support
- Transition Assistance
- Military Child Education Information

For info call 522-4607.

*LRS Training, from page 5*

Reed said the 445th LRS has a lot of people in upgrade training. As long as they can gain the experience and learn from this annual tour, that is what is important.

"At Wright-Patt, we only have a few containers for training purposes only," said Reed. "We come here to get our training and provide help. Annual tour is our only way to get this experience."

Staff Sgt. Ethan Bolton, 445th LRS material management, said it is important and a good learning experience for active duty and reserve Airmen to work and train together.

"It's good experience for the reservists to get out into the active world," said Bolton. "The Travis personnel just had a huge exercise and they have a lot of

people bringing back chemical gear from the training. It's important that we are doing our annual tour here because we are here for training and most of them can use the help. They need the help and we have the manpower to provide."

The 445th left good impressions as they integrated with their respected counterparts and completed their mission essentials.

"I think it is going great," said Harris. "All of the active-duty counterparts that I have talked to fully enjoyed having us here because we get many of their projects that they do not have the time to do done. They have lots of stuff for us to do and they enjoy our work ethic."





# Around the wing...



Staff Sgt. Joel McCullough



Courtesy photo



Darrell Sydnor



Airman Erin Zimpfer

1. Airmen from the 445th Aeromedical Staging Squadron carry a patient down the ramp of a C-17 Globemaster III, during a monthly training exercise, June 1, 2019.
2. Tech. Sgt. Drew Ramsay, assigned to the 445th Mission Support Group's education and training office, and his fellow deployed Airmen from the 379th Expeditionary Force Support Squadron's education office, are presented the May 2019 U.S. Air Force Central Command Team of the Month Award.
3. Master Sgt. Siearra Williams, Force Support Squadron NCO in charge of customer support, teaches Airman 1st Class Tyra Davis, customer support assistant, how to use the dog tag machine, June 20, 2019. Davis enters a service member's information that will be engraved into small metal plates.
4. Senior Airman Lawrence Depasquale, structural maintenance apprentice with 445th Maintenance Squadron, tapes parts of a C-17 Globemaster III in preparation for painting, June 20, 2019.

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